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## **Root Leaf Southern Through Seasons Book Preview**

From the James Beard-nominated Southern chef comes this exquisite vegetable cookbook for omnivores, packed with 175 recipes, hundreds of beautiful color photos, and helpful vegetable profiles, from leafy greens to legumes.

The chef of the award-winning Atlanta restaurant Miller Union, Steven Satterfieldâ€™dubbed the â€œVegetable Shamanâ€• by the *New York Times*â€™™ Sam Siftonâ€™has enchanted diners with his extraordinary vegetable dishes, capturing the essence of his vegetables through a simple, elegant cooking style. Like his contemporaries April Bloomfield and

Fergus Henderson who use the whole animal from nose to tail in their dishes, Satterfield believes in making the most out of the entire plant. As executive chef of Miller Union, Satterfield embodies an authentic approach to farmstead-inspired cooking, where braising, pickling, preserving and canning are often incorporated into everyday cuisine. His trademark is simple food, and in his creative hands he continually updates the region's legendary dishes—easy yet sublime fare that can be made in the home kitchen.

*Root to Leaf* is not a vegetarian cookbook, it's a cookbook that celebrates vegetables. Everyone will find something here from the omnivore to the vegan. Organized by seasons, and with a decidedly Southern flair, Satterfield's mouthwatering recipes make the most of available produce from local markets, foraging and the home garden. A must have for the home cook, this beautifully designed and photographed cookbook celebrates the bounty of the vegetable kingdom as never before.