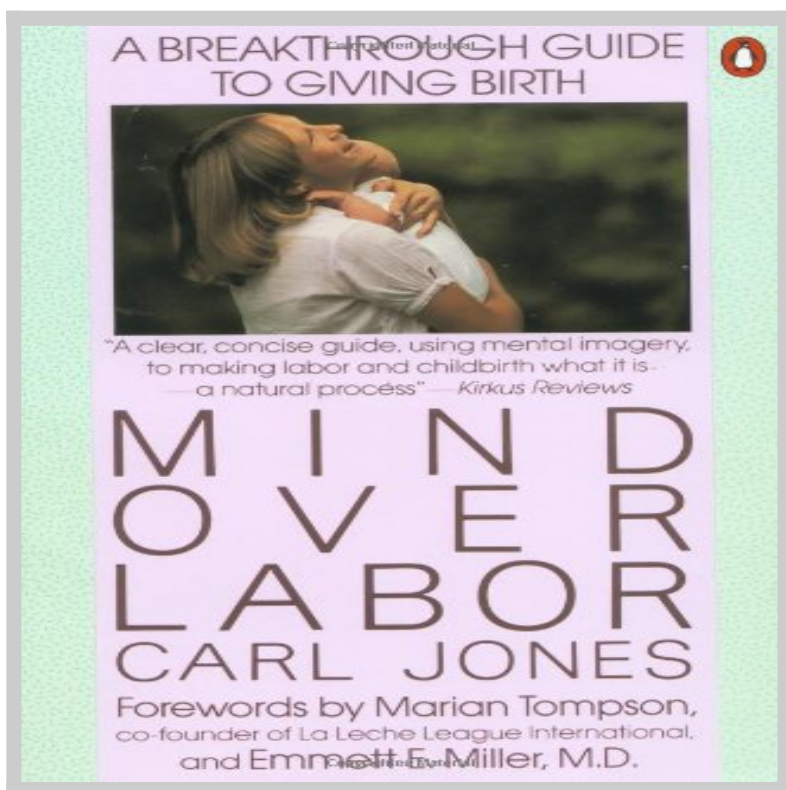


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In his breakthrough book, Jones introduces a new, highly effective method of childbirth preparation using mental imagery. He shows expectant parents how to prevent the pain and fear associated with childbirth.