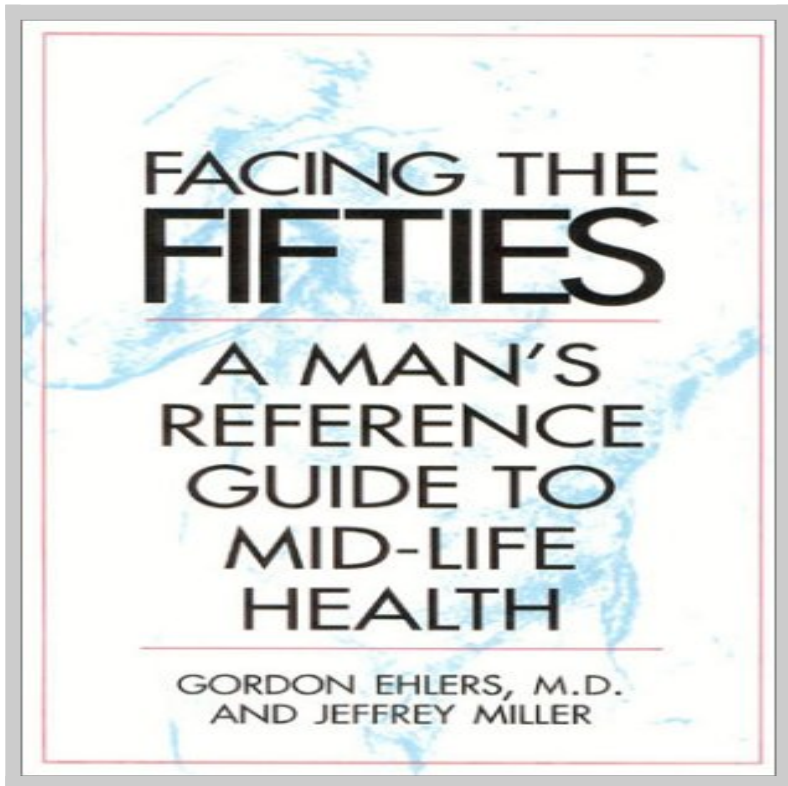


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This comprehensive guide will speak directly to fifty-something men about every major and many minor health issues that they are facing, with information on illness, treatments, prevention, drugs, exercise, mental health, hormones, and more, so they understand these changes and know what preventative maintenance they can do to insure a long, healthy life.