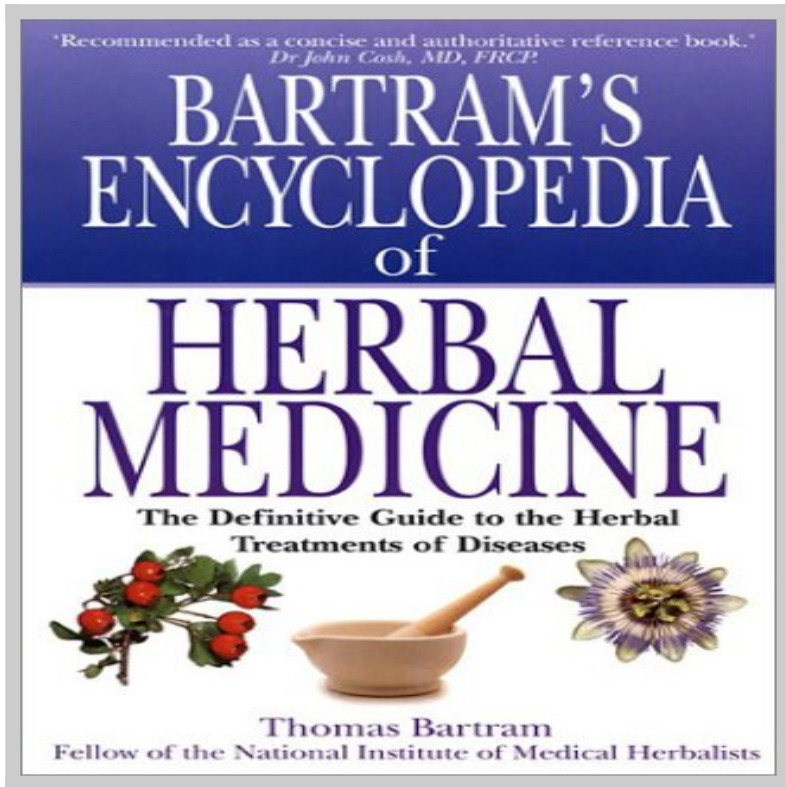


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the actions, properties, and preparations of herbs, tinctures, and essential oils; an overview of the major discoveries and developments in the history of herbalism, and alternative herbal treatments for many of the current prescription drugs are included. Great for everyday use in minor ailments as well as for more serious illnesses, Bartram's Encyclopedia of Herbal Medicine is an essential resource for all those interested in exploring the natural side of treating disease.