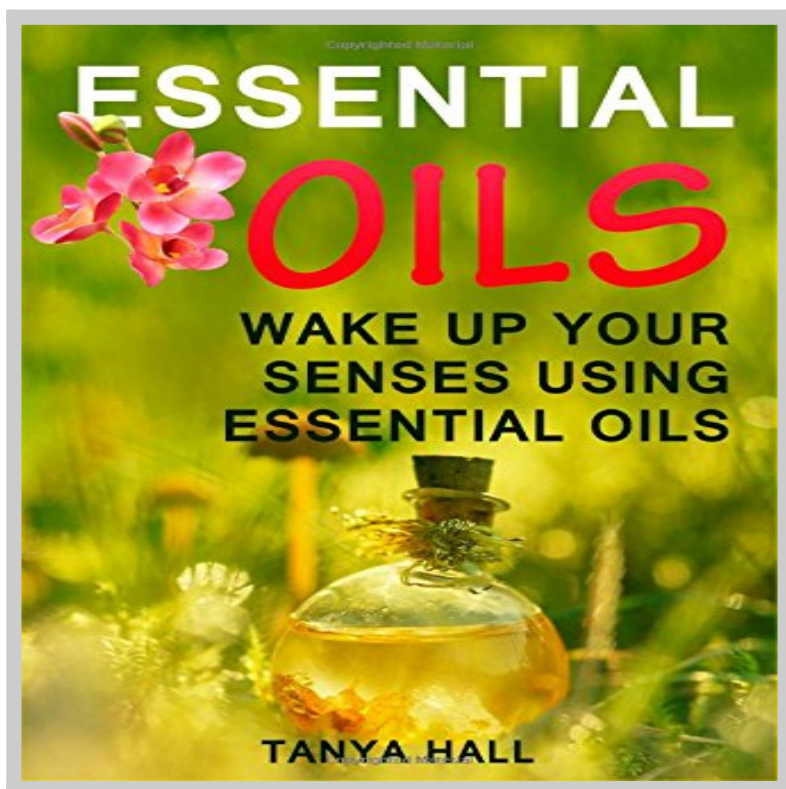


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Essential Oils Senses Essential Beginners Book Preview

Essential Oils (FREE Bonus Included)

Wake Up Your Senses Using Essential Oils

The world of essential oils can be something of a mystery and although there are still those that are skeptical people are relying more and more on essential oils for the health and well being properties that they can offer.

However many questions are still left unanswered including how to choose the right oils and how to use them. The choice of essential oil will be dependent on what you want to achieve. You may be looking for something that will elevate your mood or something that will treat a burn and whilst there is no specific list offered to explain which oil does what with a little knowledge you will find that before long you will wonder why you have left it so long to get to know essential oils and all that they can do for you. I hope that you will find it informative and beneficial and make you realize that essential oils could be just that for you, essential.

This book has been designed to provide you with an insight into essential oils and what they can offer and covers the following topics:

- Essential Oils and Processing
- Introducing aromatherapy
- Choosing your oils
- Popular oils to awaken your senses
- Caring for your oils and caring for you!
- Pamper yourself, you know you want to!

Getting Your FREE Bonus

Read this book to the end and find "**BONUS: Your FREE Gift**" chapter after the conclusion. _____ Tags:essential oils, essential oils for beginners, essential oils books, essential oils for weight loss, essential oils and aromatics, essential oils and aromatherapy, essential oils desk reference